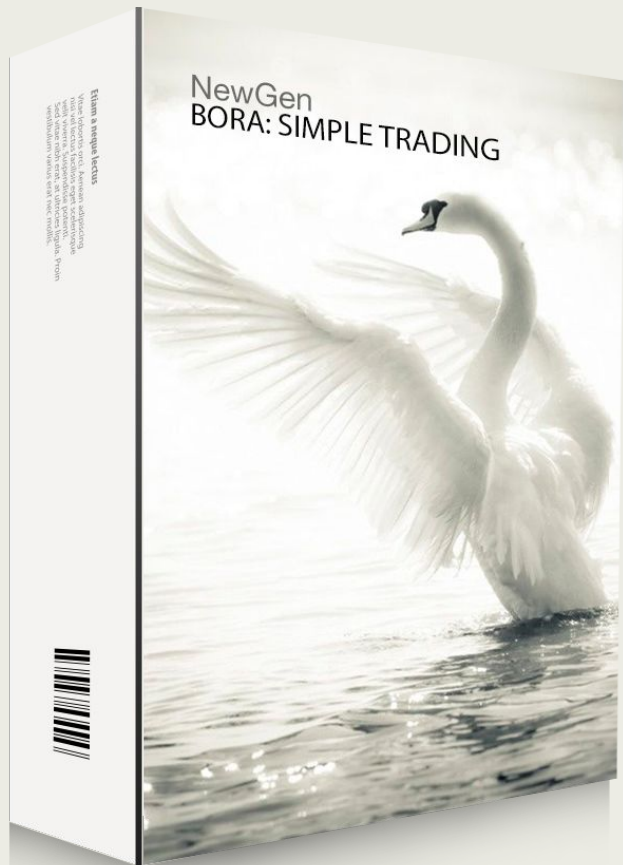




Strategy

6 basic rules

1. TimeFrame and Expiry
2. Trading Sessions
3. When to **CALL**
4. When to **PUT**
5. When not to take signals
6. Avoiding news

Time Frame: BORA system is most suitable for trading in 5 minutes timeframes.

Expiry Time: BORA system is most suitable for trading withing 5 and 15 minutes expiry times.

1. TimeFrame and Expiry

Trading Sessions: BORA system is most suitable for trading in New York and London trading sessions.

Trading sessions according to GMT (Greenwich Mean Time)

London: **Open** 8:00 AM GMT / **Close** 5:00 PM GMT

New York: **Open** 1:00 PM GMT / **Close** 10:00 PM GMT

2. Trading Sessions

CALL: we will be calling positions in our binary options broker when we get a **CALL** alert.



3. When to CALL

PUT: we will be calling positions in our binary options broker when we get a **PUT** alert.



4. When to PUT

Using BORA system, you shouldn't take signals when:

- When the signal is against a strong trending market

Trending markets explained: <http://www.binaryoptionsheriff.com/trending-market-for-binary-options/>

- When the market is with low volatility

Market volatility explained: <https://www.youtube.com/watch?v=XMVV4tQ6pm4>

5. When not to take signals

Using BORA system, you shouldn't trade 15 minutes after or before currency related **high impact** news

Tue Mar 21	2:45am	CHF		SECO Economic Forecasts
	3:00am	CHF		Trade Balance
	5:30am	GBP		CPI y/y
		GBP		PPI Input m/m

High Impact News: The ones with Red folder.
In this case, we should avoid trading between 5:15 AM and 5:45 AM.